**THOU OH LORD**

1.Many are they increased that troubled me  
Many are they that rise up against me  
Many there be which say of my soul  
There is no help for him in God

**Chorus**  
But Thou, oh Lord are a shield for me  
My glory and the lifter of my head  
Thou, oh Lord are a shield for me  
My glory and the lifter of my head  
  
**Repeat**  
2.I cried unto the Lord with my voice  
And he heard me out of His holy hill  
I laid me down and slept and awaked  
For the Lord sustained, for he sustained me

**Chorus**  
Thou, oh Lord are a shield for me  
My glory and the lifter of my head  
Thou, oh Lord are shield for me  
My glory and the lifter of my head  
  
Repeat chorus Twice  
For Thou oh Lord are a shield for me  
My glory and the lifter of my head  
Of my head  
My head

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